

WISHING WELL WATERS
Hydrotherapy Resource Project

INFORMATION SHEET

This project was started due to the lack of suitable hydro-therapeutic facilities available for community use. It is intended that Wishing Well Waters will be a resource available for those in the community with particular health needs.

The hydrotherapy pool will have a number of features which will make it a unique and pleasurable experience as well as a valuable therapy. These include, warm water, at 33 C (essential to avoid muscle spasms and improve movement), easy access from parking to the poolside, a non-clinical environment, self-referral system, rest and recuperation room and comfortable waiting area.

In addition, there will alternative therapies offered which will complement the existing practices used within the hydrotherapy pool. The project will be an environmentally-friendly development, set within a sustainable wildlife-garden, offering easily accessible services.

Wishing Well Waters is a legally constituted community group run by a Management Committee, which acts as a forum for the exchange of information, views and ideas concerning the development and future structure of the project. They monitor and support the work of the Project Leader and Development Worker.

A feasibility study (Phase 1) has successfully been completed. It clearly shows the need and necessity for such a project. Through constant research and consultation the project has, and is, receiving considerable support from many individuals, groups and health professionals within the community.

Project members are currently in the process of raising sufficient funds to implement the next stage of the combined Business and Development Plan (Phase 2). In particular this is for the preparation and completion of full architectural plans and subsequent submission for planning consent.

Funds are also being sought in order to prepare an information leaflet on the benefits of hydrotherapy for distribution through health care professional outlets. Research has clearly identified that such a document does not currently exist. The Project has the backing of the Hydrotherapy Association of Chartered Physiotherapists (HACP).

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